# Get in on UHC Rewards



UnitedHealthcare Rewards is an incentive program where employees can earn dollars for completing a variety of actions, including things they may already be doing. Employees can personalize their experience by choosing what's right for them.

## What makes UHC Rewards different?

More than a fitness and wellness program, UHC Rewards goes a step further by combining the best practices from existing incentive programs. UHC Rewards offers:

- **A streamlined digital experience –** Employees may immediately start earning rewards by activating UHC Rewards from the UnitedHealthcare® app and their **myuhc.com®** account
- **Many ways to earn –** Employees can earn dollars by choosing activities that are right for them, from tracking daily steps, active minutes and sleep, to completing a biometric screening, health survey and more
- **Redeem dollars –** Employees have the potential to earn dollars with multiple redemption options




continued

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# Designed to be a win-win



Employers:

## Get active participation

The program includes reporting to track program participation, an employer toolkit, videos, member fliers and more to help get your employees engaged.*



Participants:

## Get engaged

Designed to give employees the choice to participate in a variety of daily tracking goals and one-time reward activities.



Both:

## Promote better health

UHC Rewards encourages wellness and promotes better overall health, which may result in lower medical costs for you and your employees as well as increased productivity since healthier employees are typically more productive.[3]

**1 in 3**

employees surveyed said they would forgo a pay increase in return for additional well-being offerings for themselves or their families[2]

# Ready to get in? Contact your UnitedHealthcare representative

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*Reporting not available for all lines of business.

[1] UHC Rewards 2023 book of business.

[2] Mercer. Rise of the Relatable Organization. Global Talent Trends 2022–2023 Study.

[3] Center for Disease Control and Prevention (CDC). Increase Productivity. cdc.gov/workplacehealthpromotion/model/control-costs/benefits/productivity.html. Accessed February 2023.

UnitedHealthcare Rewards is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. You should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for you. Receiving an activity tracker, certain credits and/or rewards and/or purchasing an activity tracker with earnings may have tax implications. You should consult with an appropriate tax professional to determine if you have any tax obligations under this program, as applicable. If any fraudulent activity is detected (e.g., misrepresented physical activity), you may be suspended and/or terminated from the program. If you are unable to meet a standard related to health factor to receive a reward under this program, you might qualify for an opportunity to receive the reward by different means. You may call us toll-free at 1-866-230-2505 or at the number on your health plan ID card, and we will work with you (and, if necessary, your doctor) to find another way for you to earn the same reward. Rewards may be limited due to incentive limits under applicable law. Components subject to change. This program is not available for fully insured members in Hawaii, Vermont and Puerto Rico nor available to level funded members in District of Columbia, Hawaii, Vermont and Puerto Rico.

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